

Prescribing Clinical Network

Policy Statement	Aralax suppositories for constipation
Policy No:	PCN 78-2013
Date of Issue	27 th November 2013
Review Date:	November 2015 <i>(Unless new published evidence becomes available before this date OR there is new published national guidance e.g. NICE)</i>
<p>Recommendations:</p> <p>The PCN does not routinely support the use of Aralax suppositories for constipation and this should be considered as BLACK on the traffic light system.</p>	
<p>Key Considerations:</p> <ul style="list-style-type: none"> • Aralax is an unlicensed stimulant laxative occasionally used for patients with MS and spinal injuries • There is a lack of robust evidence supporting the use of this product and there are no national guidelines available recommending this product • As Aralax is unlicensed the cost of obtaining as a “special” is significantly higher than compared with the licensed preparations of bisocodyl suppositories 5mg or 10mg 	
Date taken to Prescribing Clinical Network	27 th November 2013
Agreed by PCN members	5 th February 2014

Surrey (East Surrey CCG, Guildford & Waverley CCG, North West Surrey CCG, Surrey Downs CCG & Surrey Heath CCG), North East Hampshire & Farnham CCG, Crawley CCG and Horsham & Mid-Sussex CCG